

## NATIONAL RESOURCES AND REFERRAL PAGE

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### ONE LOVE MY PLAN APP

Can be found in the app store | <http://bit.ly/1bJsRll>

This app helps you determine if a relationship is unsafe and it helps create the best action plan by weighing an individual's unique characteristics. Additionally, a friend or family member can use this app to assess the danger of a loved one.

### NATIONAL DOMESTIC VIOLENCE HOTLINE

1-800-799-SAFE (7233) | Canada: 1-800-363-9010

NDV Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Call if you would like more resources or information, or if you are questioning unhealthy aspects of your relationship.

### LOVE IS RESPECT

[www.LovelsRespect.org](http://www.LovelsRespect.org) | 1-866-331-9474 or 1-866-331-8453 | text "loveis" to 22522

Contact LovelsRespect if you want to talk to someone, need advice about your relationship or a loved one's relationship, or if you have legal questions.

### NATIONAL SEXUAL ASSAULT HOTLINE

1-800-656-HOPE

The National Sexual Assault Hotline provides basic information for victims or friends/family of victims, short-term crisis intervention and support, answers to questions about recovering from sexual assault, and resources to assist with the reporting process.

### HELPLINE

<http://www.stopitnow.org/help-inquiry> | 1-888-PREVENT

The 1-888-PREVENT number provides support, guidance and information to adults who wish to speak confidentially with the Helpline staff. You can also schedule a 30-minute phone consultation with Helpline Associates.

### CENTER FOR RELATIONSHIP ABUSE AWARENESS

<http://stoprelationshipabuse.org/get-help/resources>

This site provides a plethora of resources of all types (legal, seeking help, basic information, help in your area, etc.).

### GLBT NATIONAL HELP CENTER

<http://www.volunteerlogin.org/chat> | 1-800-246-PRIDE

This resource provides peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity. They have two national hotlines, as well as a private, volunteer one-to-one online chat, that helps both youth and adults with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems and a lot more.

### STATE WIDE COALITIONS

Google your state-wide coalition (such as: "New York State-Wide Coalition") to find a list of all of the domestic violence support centers in your state.