

Stuck on Your Personal Narrative Topic?

1. Highlight the five topics that scare you.

- ❖ A fearful event you witnessed
- ❖ Three of the most important things in your life at the moment
- ❖ An adventure you've had
- ❖ The best gift you've given
- ❖ The best gift you've received
- ❖ An action you've regretted
- ❖ Your phobia
- ❖ Someone you've feared
- ❖ "If only I hadn't..."
- ❖ The most important lesson you've learned from a parent/guardian/role-model
- ❖ A waste you regretted
- ❖ A moment of strong jealousy
- ❖ Your biggest lie
- ❖ The best concert you've ever attended
- ❖ Your angriest moment
- ❖ Your saddest moment
- ❖ Your happiest moment
- ❖ Someone who had a strong effect on you (positive or negative)
- ❖ Three things you want to be known for
- ❖ A sudden realization that changed your outlook on life
- ❖ Your most severe frustration
- ❖ A major decision you'd make differently if you had the chance
- ❖ A special childhood event
- ❖ A light bulb moment...an epiphany!
- ❖ A personal struggle
- ❖ A moment where you were not prepared
- ❖ Achieving a goal
- ❖ An event in your life that appeared to be bad but turned out good
- ❖ A time when you took a risk

2. Quickly elaborate on the five. Connect these ideas to who you are now...how they shape you as an individual...how they determine your personal outlook on life.